



Sustainability Tips this Labor Day

August 31, 2018



FRESNO, Texas (Aug. 24, 2018) – Labor Day is the unofficial end of summer, and many of us mark the occasion by firing up the outdoor grill. If you're hosting friends and family over the long weekend, consider making a pledge to be more eco-friendly this year. The Blue Ridge Landfill team offers these simple steps for hosting a more sustainable Labor Day gathering:

- **Think big:** Buy items in bulk, which cuts down on packaging and waste.
- **Ditch the disposables:** Opt for reusable plates and utensils. Though paper plates are convenient, they can't be recycled, which means they end up in a landfill.
- **Make a pitch(er):** Individual water bottles and soda cans are recyclable, but it's even better to bypass them altogether. Make enough punch, lemonade or iced tea for the group, and serve it in pitchers. This reduces waste and can be more cost-effective. Remember to offer recyclable or reusable cups, too.
- **Set up a recycling bin:** Offer a clearly marked place for guests to recycle. Make sure recyclables are Empty. Clean. Dry.™ – free of food and liquid. And keep them loose – never bag your recyclables.

Wondering what's recyclable?

YES

Soda cans
Plastic cups
Water bottles
Cardboard
Newspaper

NO

Juice boxes
Plastic bags
Used paper plates or napkins
Yard waste
Charcoal briquettes

Sustainability efforts don't have to end when your gathering is over. For more tips on how you can be a better recycler, visit [recyclingsimplified.com](https://www.recyclingsimplified.com).

To learn more about Blue Ridge Landfill, or to schedule a tour, visit us online at [blueridgelandfill.com](https://www.blueridgelandfill.com).